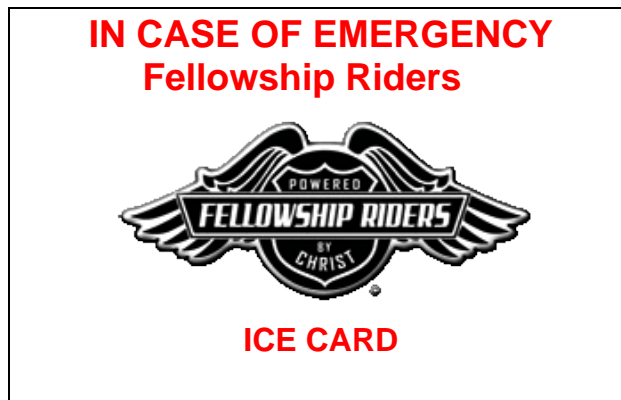


FELLOWSHIP RIDERS ICE CARD

Name:	Fellowship Riders Ice Card
Contact/Phone	
Blood Type/DOB	
Allergies	
Medications	
Health Conditions	



Medical professionals have been advising the public that the more Emergency Medical Services knows about an injured or sick person, the quicker and more effectively that person can be treated. In the event you or a loved one is in that situation, carrying the above ICE (In Case of Emergency) card can quickly give EMS and trauma physicians the information they need, which can be the difference between life and death.

FELLOWSHIP RIDERS has made it easy for you to generate your own personalized ICE card. Simply complete the above card by first typing in your name into the top field, and, then tab through the form, completing all information pertinent to you. You may generate a personalized card for each member of your family by clearing each field and re-entering their information.

When you have completed the form, you may print it out to any printer: color or black/white. We recommend that you use a heavy paper or even card stock. Cut out BOTH the completed form and the front card. Have your card(s) laminated at any local office supply store, and make sure that each card is always carried in yours and each family member's wallet.